

July 2019

## Mobile Health In Practice

Enhancing the Good Work You Do



### Access Provider Resources Through DHA Connected Health

Welcome to Mobile Health in Practice! This newsletter — from the Defense Health Agency (DHA) Connected Health — is designed to help providers like you incorporate technology into your practice, connect with your peers, and learn about resources that support your good work.



### Check Out Our LinkedIn Page

Join the [DHA Connect Health LinkedIn page](#) to get the latest news and information about DHA Connected Health and health technology. You'll find posts from our expert clinicians that offer key takeaways to boost your practice — such as helping patients stick with their goals.



### Strengthening the Patient Engagement Muscle

How do you ensure your patients are engaged? Read the Education and Training program's new blog from Tyneka Rene, health science specialist at DHA Connected Health. Rene shares how focusing on small gains and shared communications can encourage patients to become more engaged with their health care experience. Learn more [here](#).

The Department of Defense (DoD) Implementation Science Monthly newsletter provides information for behavioral health providers on the latest articles, resources, events, and activities to support the rapid translation of research findings into routine clinical practice. Learn more and download the latest editions [here](#).



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